**AA reflection format**

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**Your chosen modules:**

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| Module 1 | Digital transformation & reilient cities |
| Module 2 | Hell’s kitchen |
| Module 3 | Effenaar |
| Module 4 | MNC strategies  |
| Module 5 | Tangible business models in disruptive times |
| Module 6 | Intercultural groups |

**Reflection**

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| **Personal learning goal 1**

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| I want to improve my English, especially speaking and writing. |

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| S | Improve English speaking and writing.  |
| M | By the end of the next 6 months, increase English speaking fluency by an online languag test, and improve writing accuracy by a writing assessment. Which I am also going to do online. |
| A | Following English classes form other study years and asking feedback to the teachers. |
| R | Improving English skills will enhance opportunities for personal and professional growth. |
| T | Complete the 6-month improvement plan by February 1st. |

What was your behavior, knowledge, or attitude regarding this learning goal, before the AA? (PAST)

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| Before the minor it was clear to me what my English level is, so that is also one of the reasons I chose this minor. I have to say that I didn't spend a lot of time improving it for this minor either. |

What did you learn or experience during the AA that changed your behavior, knowledge, or attitude? (PRESENT)

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| My English definitely improved during the minor. I can notice that I know many more words and that I can also make myself understood. |

What will you do differently after the AA? What effect will the AA have on your future as a professional regarding your learning goal? What will you do in the future to obtain or improve your learning goal further? (FUTURE)

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| My goal is to maintain this level of English after the minor. I think this can be achieved by applying a little more English online and going abroad more often, because that is where you ultimately learn the most because you have to apply it immediately. I also want to take more English lessons at school. |

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| **Personal learning goal 2**

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| I want to develop myself as a person. Especially as a person in my normal life. More independence is also something I want to learn. |

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| S | improve personal growth and increase independence. |
| M | By the end of 6 months, complete at least 2 personal development courses, and follow the growth of personal development. |
| A | Looking for new challenges and actively working on them. |
| R | Personal growth and increased independence will lead to a more fulfilling and confident life. |
| T | Complete the 6-month plan by February 1st. |

What was your behavior, knowledge, or attitude regarding this learning goal, before the AA? (PAST)

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| Before the minor I knew from myself that I can be independent. But I can also make a lot of progress in this area. I tried to grow into this before the module. I expect that this minor will make a major contribution to that. |

What did you learn or experience during the AA that changed your behavior, knowledge, or attitude? (PRESENT)

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| The module abroad has made a major contribution to improving this. |

What will you do differently after the AA? What effect will the AA have on your future as a professional regarding your learning goal? What will you do in the future to obtain or improve your learning goal further? (FUTURE)

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| I hope I can continue this line in my daily life. This can be at school, but also at home and at work. |

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| **Personal learning goal 3**

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| I want to be more disciplined. An example is that I don't have to hand in my schoolwork on the last hour before the deadline. |

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| S | Improve discipline and time management skills. |
| M | For each deadline, submit schoolwork at least 2 days before the deadline and keep a daily to-do list and schedule. |
| A | Set realistic deadlines for schoolwork and prioritize tasks. |
| R | Improved discipline and time management will lead to better grades and reduced stress. |
| T | Complete the 6-month plan by February 1st. |

What was your behavior, knowledge, or attitude regarding this learning goal, before the AA? (PAST)

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| Before the minor, my behavior was to often hand in schoolwork at the last minute. Even though I know it's actually not right, I still did it every time, so you only hand in your work just before the deadline. |

What did you learn or experience during the AA that changed your behavior, knowledge, or attitude? (PRESENT)

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| In this minor I learned that it is of great value if you hand in matters on time and work in a disciplined manner. It saves a lot of time and stress. |

What will you do differently after the AA? What effect will the AA have on your future as a professional regarding your learning goal? What will you do in the future to obtain or improve your learning goal further? (FUTURE)

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| I hope to continue the line of the second part of the minor at school and with my upcoming internship. |

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| **Personal learning goal 4**

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| I also want to take more leadership and initiative during group work. I know myself to be a bit in the background at times and most of the time I respond to what the stranger people are saying. |
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| S | Increase leadership skills and initiative during group work. |
| M | Take the lead in some group projects during the second part of the minor. |
| A | Identify opportunities for leadership, actively participate in group discussions, and seek feedback from group members. |
| R | Improved leadership skills will enhance group project success and personal growth. |
| T | Complete the 6-month plan by February 1st. |

What was your behavior, knowledge, or attitude regarding this learning goal, before the AA? (PAST)

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| Before the minor, it was a habit of mine to have a wait-and-see attitude. I mostly listened to the ideas of others.  |

What did you learn or experience during the AA that changed your behavior, knowledge, or attitude? (PRESENT)

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| This minor taught me that sometimes it is good to show initiative and take the lead, but that is not always the case. I've had plenty of situations where I've had the chance to improve on this goal. At the beginning of the minor I didn't always take these opportunities. In the end this worked out better. |

What will you do differently after the AA? What effect will the AA have on your future as a professional regarding your learning goal? What will you do in the future to obtain or improve your learning goal further? (FUTURE)

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| I think this goal also has something to do with the character of the person in question, but I hope to apply it more in the future. |

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